

The Turtle Triathlon Charities

The Turtle Triathlon is part of the 1st Crawl Spring Festival and benefits the Linda D. Erickson Scholarship Fund and the Oak Island Sea Turtle Program.

Linda D. Erickson

Linda Lou was a faithful friend, awesome educator, avid reader and sports fan who loved her family. She was a devoted sea turtle parent and loved the outdoors. She died unexpectedly in the summer of 2007, leaving behind two daughters and a husband, a host of pets and many friends. In remembrance of her life, the Turtle Stroll 5K was born with proceeds supporting a scholarship in her name. The scholarship is awarded to a South Brunswick or West Brunswick High School student to support their college endeavors.

The Oak Island Sea Turtle Program

The Oak Island Sea Turtle Protection program monitors and records the yearly influx of various species of sea turtles and their nests on Oak Island from May–October. Funds donated are used for supplies and community education and outreach programs.



Sponsors:

(to become a sponsor call 275-5518)



TLI Development
A pharmaceutical consulting firm

Oak Island Parks & Recreation Dept.

4601 E Oak Island Dr.
Oak Island, NC 28465

Phone: 910-278-5518

www.oakislandnc.com

E-mail: rsquires@ci.oak-island.nc.us

Oak Island Parks &
Recreation Department

Turtle Triathlon Race

A Three person
Team Triathlon Race!

April 24, 2010 at 8am



Kayak—Bike—Run/Walk
to benefit the Oak Island Sea Turtle
Program and the Linda D. Erickson
Scholarship Fund

Registration

NAME _____

Age _____

2nd racer _____

Age _____

3rd racer _____

Age _____

ADDRESS of 1st Racer _____

CITY/STATE/ZIP _____

PHONE _____

Division Entered: _____

EMAIL _____

T-SHIRT SIZE S _ M _ L _ XL _

I assume all risks and hazards incidental to participation including transportation to and from activities; and do hereby waive, release, absolve, indemnify and agree to hold harmless the Town of Oak Island, local league organization, the Oak Island Parks and Recreation department, sponsors, supervisors, officials, participants and all other persons involved in various capacities with the above activity for any claims, demands, or courses of action arising out of or by reason of the above activity for which I have registered.

I further state and affirm that I am aware of the fact that the aforementioned activity, even under the safest conditions possible, may be hazardous; that I assume the risk of any and all loss or damage to property and/or bodily injury, including death, however caused, resulting from, arising out of, or in any way connected with the aforementioned activity.

I recognize that the activity will involve strenuous exercise and I represent that I am physically able to participate in this activity and have been advised by the OIPRD to consult my physician prior to participation in this activity.

Signature: _____

Specifics

The entry fee is \$45.00 per team prior to April 21st, after April 21st the fee is \$55.00.

The first 30 teams will receive t-shirts.

Check-in will be at the Oak Island Recreation Center at 7:30 am.

Divisions will be:

(If you have teams of various age groups, your division will be determined by the youngest team member.)

Business Division

Family Division (with kids 11 & Under)

12-14

15-18

19-24

25-34

35- 44

45-54

Masters Division-55 +

Special Contest

There will be a costume contest, for the costume that represents the best Sea Turtle or Environmental theme.

Rentals

Kayaks are available to rent from the Adventure Company (910-454-0607) for \$7.00, and Oak Island Parks & Recreation. Kayak rentals are first come, first served and available prior to race day.

Shuttles

There will be shuttles from each transition area back to the Recreation Center and Middleton Park .

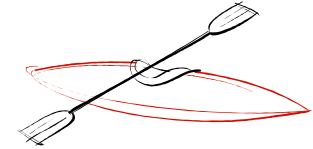
Awards

Awards will take place during the 1st Crawl Festival at Middleton Park at approx. 10:30am.

The Turtle Triathlon will still take place in rain, but it will be cancelled due to lightning.



The Race Route:



Team member #1

Kayak or Canoe-

distance 1.65 miles

The beginning of the race will start behind the Recreation Center on an outgoing tide on the Davis canal. Participants will paddle from 31st St SE to the 9th St. SE access dock.

Team member #2

Bike-

distance 2.74 miles

From 9th St SE, you will bike to Middleton Ave., turn left and cross Middleton bridge. After the bridge, you will turn left on Dolphin Dr. Continue until 29th St crossover.

Team member #3

Run/Walk

distance 1.09 miles

From the crossover area at 29th St, you will continue on Dolphin until you reach Middleton Park.

Finish Line—Middleton Park.

