

The Navigator

Oak Island Parks and Recreation Department - 910-278-5518

3003 E. Oak Island Dr.

Oak Island, NC 28465

January 2012



FEBRUARY CALENDAR HIGHLIGHTS

February 3 – Cupid Palooza ages 2-12 & parents

February 17 – Adventurous Senior Trip – Planet Fun

February 21 – Senior Mardi Gras Luncheon



Get Fit in February with our Fitness classes!

Ride the van to BCC for Water Aerobics on Mon. & Wed., van leaves Rec Ctr. at 8:15am - \$10 transportation fee

Senior Beginner's Yoga – Tuesdays at 3pm
\$2/res \$3/non-res

Adult Beginner's Yoga – Thursdays at 4:45pm,
\$4/res \$5/non-res

This class is designed for individuals that are true beginners in yoga practice. Special attention will be paid to postures and modifications will be suggested.

Yoga – Mondays & Wednesdays 6pm \$4/res,
\$5/non-res

Mature Aerobics - Mondays – 8am
\$2/res \$3/non-res

Tuesdays, Thursdays, 7:45 am \$2/res \$3/non-res

Zumba Gold – 1st, 3rd and 4th Fridays at 11:30am
\$4/res \$6/non-res

Tai Chi – Saturdays 9:30am

NEW! Beginning Tai Chi

– Saturdays 10:30am
\$8/res \$10/nonres



Spring Break – Explore the Arts Camp

April 9 – 13, 2012

\$40 residents \$50/non-residents
Ages 6-12 – space limited



Dixie Girls Softball League

Registration for Dixie Youth Softball for girls will be held through February 18, 2012 at the Oak Island Recreation Center. This league is for girls ages 6-18, participants must be 6 by January 1, 2012 and may not be 19 by January 1, 2012. The fee is \$20 for residents and \$26 for non-residents. Teams will play against other county teams. Practice will begin in March, games will begin in April. For more information, call 278-4747.

Beachwalkers Club



Anyone interested in joining the Beachwalker's Club should meet on Monday, Wednesday and Friday mornings at 8am at the Cabana (46th Street SE). The group walks approximately 2 miles each day. For more information on the program, call 278-5518.



Senior Specials

February 17 – Adventurous Senior Trip - Oak Island Parks and Recreation will take a trip to Planet Fun in Shallotte. \$8 per person. We will participate in bowling, laser tag and mini golf. Trip times will be 10:30 am to approximately 3 pm. Bring extra money for lunch at Starz Grille.

February 21 – Senior Luncheon Mardi Gras Style– Celebrate Mardi Gras with us. Wear your favorite gold, green and purple ensembles. Throw all the beads on that you can and add a mask if you have one. Lunch will be at the Recreation Center at noon.

Teen Activities are scheduled monthly at the Oak Island Teen Center
Youth Activities are scheduled monthly at the Oak Island Recreation Center

Ongoing Activities

Mature Aerobics	M	8am
Mature Aerobics	T, Th	7:45am
Beach Walkers	M,W,F	8am
Sr. Beginner Yoga	T	3pm
Adult Beginner Yoga	TH	4:45pm
Yoga	M, W	6pm
Senior Yoga	T,TH	10am
Art Guild Workshop	2 nd F	9am
Bridge	M, F	1pm
Feral Cat Club	4 th TH	6:30pm
Nutri Lunch	T,W,TH	11:45am
Painting Club	W	9am
Quilters	W	10:15am
Table Tennis	F, S	8am, 2pm
Tai Chi	S	9:30am
Tai Chi (beginner)	S	10:30am
Tops	T	5:30pm
Zumba Gold	1 st , 3 rd &4 th F	11:30am
Country Music	F	7pm (Call 278-5518 to confirm dates)

All ongoing programs meet at the Oak Island Rec. Center, except Beach Walkers
Call 278-5518 for more information.



Flag Football League

The Oak Island Parks & Recreation Department is registering teams for the upcoming spring flag football season. Games will begin on February 29th and are open to men and women ages 18 and older. Registration runs from now until February 19th and the team fee is \$300. For more information, please call 278-4747.

Upcoming Events

- Clean the Creek-** March 24
WAIT (Women Anglers In Training)
April 28-29
- Ride the Tide Kayak Race & Float-**
May 5
- 1st Crawl Environmental Festival –**
May 19



Scan this code on your smartphone to access the Oak Island Parks & Recreation Website!

Just for Seniors

Bingo is held on **Tuesdays** and **Thursdays** at **12:30pm**, **Rummikub** meets on **Wednesdays** at 12:30pm at the Recreation Center.

Oak Island Community Resource Center - 278-3622

Providing resources and services to strengthen families within the Oak Island Community. **We have Afterschool openings.**



Oak Island Par 3 Course at South Harbour

4188 Vanessa Drive, South Harbour Village
Course open daily, rental clubs and golf carts available.
For daily rates and tee times call 454-0905.



Oak Island Skate Park is closed

January & February

The Ocean Education Center is closed January & February

The Nature Center is open

Fri.-Sun. 12-5pm



Weight/Fitness Fees
Town of Oak Island Residents:
\$15.00/monthly, \$2/daily
Non-Residents: \$35/monthly,
\$6/daily



Donations for the Salty Dog Park are now being accepted! Call 278-5518 for more information!



Teen Center Activities

- February 1** – Dinner Night 5pm \$2
 - February 3** – Arts & Crafts 5pm \$2
 - February 4** – Health Rocks 1pm
Apple Pie/Movie 10am
 - February 8** – Dinner Night, 5pm \$2
 - February 9** – Making Cards, 5pm
 - February 10** – Family Bingo Night, 6pm
 - February 11** – Health Rocks 1pm
Port City Java 10am
 - February 12** – Scooters-Rollerskating 1-6pm \$5
 - February 14** – Valentine's Snack Party 5pm
 - February 15** – Dinner Night 5pm \$2
 - February 17** – Sundae Creations 6pm \$1
 - February 18** – Girls Weekend to Myrtle Beach 10am \$50
 - February 20** – Return from Girls Weekend 1pm
Doughnuts & Movie 10am
 - February 22** – Dinner Night 5pm \$2
 - February 24** – Movie 8pm
 - February 25** – Health Rocks 1pm
Mexican Restaurant 2pm
 - February 29** – Dinner Night 5pm \$2
Pre-registration for above activities required by 5 pm, 2 days before activity
- Teen Center Hours: Mon. 4 pm-8 pm, Sat 10 am-8 pm**
278-6552

(All above activities take place at the Teen Center unless otherwise noted)



Youth Activities

- Activities held at Recreation Center*
- February 3** – Cupid Palooza, 5-7pm, ages 2-12 & parents, \$2 in advance/\$3 at door
 - February 8** – Cupcake Creations, 4-5:30 pm, ages 5-9, \$2
 - February 15** – Valentine Crafts and Games 4-5:30pm ages 4-7 \$2
 - February 20** – Doughnuts, Hot Chocolate and Movie 10am
ages 8 & up
 - February 29** – Artastic 4-5:30pm
ages 4-7 \$2
(Pre-registration at the Oak Island Recreation Center required for all listed activities by 5pm two working days before activity)